

THE REMOVABLE FUNCTIONAL APPLIANCE For the harmonization of the maxillas P.U.L.: The Light Universal Advancement Device "4D- Harmoniser"



# Goal :

To correct the centric slide and to harmonize the upper and lower maxilla in the saggital, transversal and vertical direction.







It is a multi-function appliance, discreet and almost invisible. Fast adaptation. During the first few days speaking and swallowing saliva may be uncomfortable, but you will soon get used to it.

#### Use:

- You need to wear it day and night
- During the first 2 days you can wear the appliance after school and nighttime. Once you become accustomed you will also wear it during school hours. The more you wear it the faster your bite will be corrected.
- Remove it before eating and when you are cleaning your teeth.
- Also take it off if you play a wind instrument (flute, trumpet etc.), if you play sports or you risk losing it (swimming, judo, rugby etc.)

Notice: It is a movable device, it is normal that it does not hold properly onto the teeth, and it may detach if the mouth is opened wide.

It is held in place by the tongue (tongue training and functional re-education)

## **Important:** So as not to lose your appliance:

When you remove it, <u>do not put it in</u> a handkerchief or a paper towel, or it might end up in the garbage can. Put it inside its case.

<u>If you eat at the cafeteria</u> remember to remove it before you enter the cafeteria. Put it inside the case and introduce the case inside your bag. That way you avoid the risk of forgetting the appliance and loosing it.

In order to avoid injuries, check the position of the lower bar (curved part downwards) before introducing it in your mouth



## Activation of the appliance:

- If there is a palatal expander, turn the screw in the direction of the arrow following the instructions of your doctor
- If there are elastics, change them once a day









Cleaning:

- Esthetic improvement due to the stimulation of the mandibular growth
- Every time you brush your teeth, also clean your appliance.
- You can use cleaning products.

## Caution:

- In case of injury of the cheek, place a roll of gauze between the cheek and the metallic system during the night.
- Be careful with the dog! Do not leave the appliance within reach, your dog might bite it and break it.

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